

# Snapshot of Health of our 5-19 year olds

February 2018



**Central Bedfordshire children levels of obesity -**  
8.0% at age 4-5 years and 16.3% at age 10-11 years (2016/17)  
NHS Digital



18.1% i.e. 2 in 11 children have a decayed, missing or filled tooth by the age of 5 years (2014/15)  
Public Health Outcomes Framework

84 girls aged between 15 and 17 Years became pregnant during 2015  
The rate in Central Bedfordshire is 18.6 per 1,000 is similar to the England rate (2015)  
Public Health Outcomes Framework

A Central Bedfordshire Survey of school children (2014) found that 97% of 12-13 year olds and 71% of 14-15 year olds have never smoked.  
School Health Education Unit (SHEU) Health Behaviour Survey 2014

92.2% of girls in school year 8 have received the Human Papilloma Virus (HPV) vaccine (2015/16)  
Public Health Outcomes Framework

36 children aged under 18 admitted for alcohol specific conditions (2014/15 – 2016/17)  
Public Health Outcomes Framework

An estimated 3,268 children in Central Bedfordshire aged 5-16 years have a mental health disorder (2016)  
Public Health Outcomes Framework

The biggest worries for 8-11 year olds were reported to be: being bullied, healthy eating and school work/exams and tests. The biggest worries for 12-16 year olds were reported to be: school work/exams and tests; the way they look and careers and jobs.  
School Health Education Unit (SHEU) Emotional Health and Wellbeing Survey 2015

75% of 8-11 year olds and 60% of 12-16 year olds in Central Bedfordshire reported that they feel 'quite happy' with their life at the moment  
The SHEU Survey 2015

A Central Bedfordshire survey of school children (2014) found that 5% of 10-11 year olds, 11% of 12-13 year olds and 29% of 14-15 year olds had at least one alcoholic drink the week before the survey.  
The SHEU Survey 2014

26 15-24 year olds Admitted for substance misuse (2013/14 – 2015/16)  
Public Health Outcomes Framework

